

Janice K. Brewer
Governor

Governor

Executive Director

Arizona State Board of Nursing

4747 North 7th Street, Suite 200 Phoenix, AZ 85014-3655 Phone (602) 771-7800 Fax - (602) 771-7888 F-Mail: arizona@azhn.gov

E-Mail: arizona@azbn.gov Home Page: www.azbn.gov

An advisory opinion adopted by AZBN is an interpretation of what the law requires. While an advisory opinion is not law, it is more than a recommendation. In other words, an advisory opinion is an official opinion of AZBN regarding the practice of nursing as it relates to the functions of nursing. Facility policies may restrict practice further in their setting and/or require additional expectations related to competency, validation, training, and supervision to assure the safety of their patient population and or decrease risk.

OPINION: Off Label Prescribing APPROVED DATE: 03/28/2014 REVISED DATE: ORIGINATING COMMITTEE: ADVANCED PRACTICE COMMITTEE

ADVISORY OPINION OFF LABEL PRESCRIBING DRUGS, DEVICES, AND THERAPEUTICS

RATIONALE

These guidelines are intended to assist the RNP in responsible prescribing of off label medications and treatments. RNPs who prescribe off label medications or treatments should use sound clinical judgment, utilizing the following guidelines of responsible professional practice.

STATEMENT OF SCOPE

It is within the Scope of Practice for a registered nurse practitioner (RNP) with prescribing privileges, to prescribe or recommend a prescription drug off-label, device and/or therapeutics based upon the RNP incorporation of knowledge derived from the RNP's advanced education, evidence-based research, and/or established practice standards within a RNP's area of expertise.

For the purposes of this AO, **therapeutics is defined** as the treatment and care of a patient for the purpose of both preventing and combating disease or alleviating pain or injury. For the purposes of this AO, **off label, prescribing is identified** as the use of FDA approved medications for other than their intended indications and does not include those drugs or uses classified as experimental.

REFERENCES

- 1. Arizona State Board of Nursing (2013, September). Nurse Practice Act.
- National Center for Biotechnology Information, U.S. National Library of Medicine. (2013). Off-label drug information. Regulation, distribution, evaluation, and related controversies. Retrieved from http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2799128/
- 3. Stafford, R. (2008). Regulating off-label drug use rethinking the role of the FDA. *New England Journal of Medicine* (358), 1427-1429 DOI: 10.1056/NEJMp0802107
- United States Department of Health and Human Services. (2013). Off-label" and investigational use of marketed drugs, biologics, and medical devices – informational sheet. Retrieved from http://www.fda.gov/regulatoryinformation/guidances/ucm126486.htm